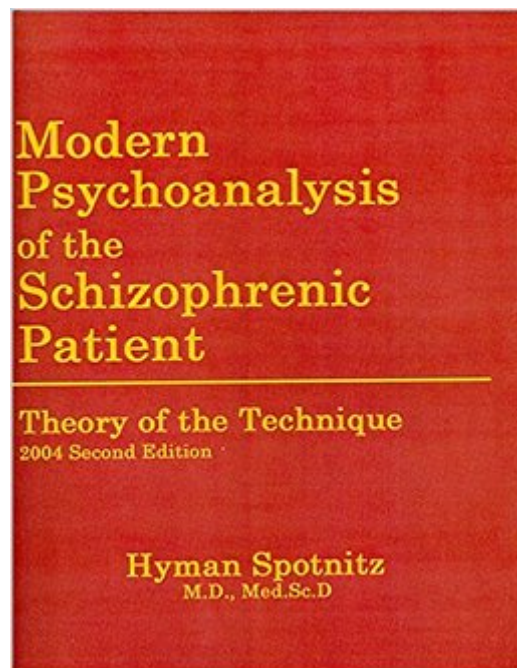




Ebook Directory
the best source of ebook

The book was found

Modern Psychoanalysis Of The Schizophrenic Patient: Theory Of The Technique



Synopsis

What Freud called the "stone wall" was first breached by this pioneering psychiatrist and psychoanalyst with this seminal work in 1969. This substantially revised and enlarged edition is the comprehensive and definitive handbook for practitioners of the talking cure of the disorders that arise before speech.

Book Information

Paperback: 252 pages

Publisher: YBK Publishers, Inc. (May 1, 2004)

Language: English

ISBN-10: 0970392362

ISBN-13: 978-0970392367

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 4 customer reviews

Best Sellers Rank: #354,296 in Books (See Top 100 in Books) #93 in [Books > Health, Fitness & Dieting > Mental Health > Schizophrenia](#) #364 in [Books > Medical Books > Psychology > Movements > Psychoanalysis](#) #450 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychoanalysis](#)

Customer Reviews

This book gives you a very good understanding of the modern approach to psychoanalysis and how it is applied and used in treating the schizophrenic patient. Although it does not read like a novel, it is written in a manner which keeps your attention. I would recommend this book to practitioners who want a better understanding of the diagnosis of schizophrenia and how to apply one's knowledge toward an ultimate change in the patient's external skills to better cope with their environment.

Excellent book for anyone, novice or experienced therapist, interested in the theory and practice of modern psychoanalysis. As an experienced psychotherapist, I have found it very useful to enhance my repertoire of skills and techniques in working with patients with preverbal issues. It is clearly written and easily understandable.

I was privileged to study modern psychoanalytic technique under Dr. Spotnitz who taught this subject on the U. of PA campus. It was a required course for those of us who were studying at the

Philadelphia School for Psychoanalysis. For years, as a psychoanalytic psychotherapist, I have used Dr. Spotnitz's techniques in private practice, in a social agency and when I worked as a therapist at the maximum security State Correctional Institute in Graterford, PA. In brief, there are two categories of mental illnesses: one, oedipal conditions, which we refer to as neuroses; two, preoedipal conditions, which Dr. Spotnitz calls "narcissistic neuroses". Etiologically, when children suffer severe problems before the oedipal stage, they are predisposed to a narcissistic neurosis. Other reviewers mention transference/countertransference. The entire point of treating narcissistic patients is that they do not transfer and there is no typical countertransference. There is, however, "narcissistic countertransference" - to use Dr. Spotnitz's terms. A common form of NCT, narcissistic countertransference, is when, without realizing it consciously, the therapist gives up on a patient because he/she has been influenced by the patient to give up. Dr. Spotnitz specifies that Freud's "talking cure" is inadequate for the narcissistic patient. The narcissistic neuroses lie on a spectrum of severity with catatonia being its most severe form and with paranoid schizophrenia being its least severe form. The verbal strategies analysts use for neurotic patients are useless with the narcissistic patient. Dr. Spotnitz lays out three basic rules for using nonverbal strategies with narcissistic patients.

#1: Dosage: The modern psychoanalyst knows patients respond to words on an oral level. You can only feed them as much as they choose to ingest. You only speak as much as they need or request speech. Example: The modern analyst would say, "Am I talking too much?" One young lady was very comfortable with my using five questions in fifty minutes. So that is what I did for months until she wanted more psychic nutrition/support.

#2: Joining. You join their defense. The only way to be allowed inside their circle of narcissism is to join their defenses - with sincerity. Example: You only contact them as much or as little as they choose to be contacted. E.G.: a paranoid-schizophrenic inmate said to me: "The guard told me I have to come back but I don't want to." I said, "OK, you don't have to come back." He: "I don't have to." I: "No, come back if you choose to." He: [comfortable because he is in control] "How often should I come back." I: "How often should we meet?" He: "Oh, I guess, once a week." I: "Ok, once a week." With touching solemnity, he wiped his hands on his trousers and shook my hand. I would not have shaken his hand if he had not offered it - that, too, is "joining".

Dr. Spotnitz's principle #3: Object oriented questions - narcissistic patients have extremely fragile egos. A modern analyst never would do what untrained psychiatrists and fictional caricatures do and ask, "How are you feeling?" The Spotnitzian analyst does not use the pronoun "you" but he/she uses "I" a lot because if things do not go well, "I" the analyst am at fault. Until I get to know how severe their illness is, I ask "object oriented questions", i.e., questions that are far away from injuring their ego. I say: "Is the light too bright?" or "Am I talking too much?" of

"Should I talk more?" or "What should I ask questions about?" You can not underestimate the revolutionary value of Dr. Spotnitz's book and of these three principles. After Freud's work itself, all 23 volumes, two of the largest contributions to mental illness are this work and Erik Erikson's Childhood and Society.

What Freud called the "stone wall" was first breached by this pioneering psychiatrist and psychoanalyst with this seminal work in 1969. This substantially revised and enlarged edition is the comprehensive and definitive handbook for practitioners of the talking cure of the disorders that arise before speech.

[Download to continue reading...](#)

Modern Psychoanalysis of the Schizophrenic Patient: Theory of the Technique The Annual of Psychoanalysis, V. 30: Rethinking Psychoanalysis and the Homosexualities A Clinical Introduction to Lacanian Psychoanalysis: Theory and Technique Schizophrenia: Understanding Symptoms Diagnosis & Treatment [mental illness, schizophrenic, schizophrenia disorder] (schizoid, schizoaffective, schizophrenia paranoia) Schizophrenic: A Diagnosis of the Independent Baptist Movement Schizophrenic Searching For Dracula In Romania: What About Dracula? Romania's Schizophrenic Dilemma (Romania Explained To My Friends Abroad) (Volume 4) Jacques Lacan and the Freudian Practice of Psychoanalysis (Makers of Modern Psychotherapy) Complete Technique for Modern Guitar: Over 200 Fast-Working Exercises with Audio Examples (Guitar Technique Book 5) The Dissociative Mind in Psychoanalysis: Understanding and Working With Trauma (Relational Perspectives Book Series) A Forgotten Freudian: The Passion of Karl Stern (The History of Psychoanalysis Series) SIGMUND FREUD 7 BOOK PREMIUM COLLECTION: General Introduction To Psychoanalysis; Totem And Taboo: Interpretation Of Dreams; Dream Psychology; and many more (Timeless Wisdom Collection 626) Psychoanalysis: The Impossible Profession Introductory Lectures on Psychoanalysis Core Competencies of Relational Psychoanalysis: A Guide to Practice, Study and Research (Relational Perspectives Book Series) Between Couch and Piano: Psychoanalysis, Music, Art and Neuroscience Essential Papers on Borderline Disorders: One Hundred Years at the Border (Essential Papers on Psychoanalysis) Essential Papers on Depression (Essential papers in psychoanalysis) Three Philosophical Works: Theoretical Knowledge & Inductive Inference, Popular Lectures on Logic, and Logic, Philosophy & Psychoanalysis Bram Stoker: History, Psychoanalysis, and the Gothic

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)